



*Let Your
True Self Lead*

**Let Your True Self
Lead**

**The Subconscious Success
Blocker Quiz**

**Discover which hidden pattern
quietly limits your flow — and
how to release it.**

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

Intro

Uncover the subconscious belief quietly steering your success — and how to shift into true alignment.

Choose one answer that resonates most with you for each question and note your letter (A–E) on paper.

Once you've finished all the questions, click your most frequent letter to see your result 🌿

📱 *Rotate your phone for the best view*

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

When your week feels heavy,
what drains your spark the
most?

A. Being constantly busy and
doing too much 🏃♀️

B. Trying to get everything
just right 🎯

C. Taking care of everyone
else before myself ❤️

D. Managing everything
because I struggle to trust
others ⚙️

E. Feeling like there's never
enough time 💰

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

What do you secretly fear
others might think of you?

A. I 'm lazy or not working
hard enough 🏃♀️

B. I'm not capable or good
enough 🎯

C. I'm selfish if I put myself
first ❤️

D. I can't keep it together ⚙️

E. I'll never have enough or do
enough 💰

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

What's hardest for you to ask
for?

A. Time off of space to rest 🧑🏻♀️

B. Help with something
important 🎯

C. Space or alone time for
myself ❤️

D. Delegation or letting
someone else take over ⚙️

E. Financial or emotional
support 💰

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

When life feels uncertain,
what's your instinctive
response?

A. I push harder and get
busier 🏃♀️

B. I plan and perfect until I
feel safe 🎯

C. I focus on others to avoid
my own discomfort ❤️

D. I try to control everything
around me ⚙️

E. I worry about worst-case
scenarios 💰

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

What tends to keep you up at
night?

A. My endless to-do list 🏃♀️

B. Thinking something wasn't
done "right" 🎯

C. Feeling unseen or
unappreciated ❤️

D. Fear that things will fall
apart if I let go ⚙️

E. Anxiety about time, money,
or resources 💰

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

How do you usually respond
when someone offers to help
you?

A. "Thanks, but I've got it." 🧑‍🦰 ♀

B. "I'd rather do it my way." 🎯

C. "They have more important
things to do." ❤️

D. "I don't trust it'll be done
properly." ⚙️

E. "I feel guilty or
undeserving." 💰

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

What would you most like to
feel more of?

A. Peace and rest — without
guilt 🧘♀️

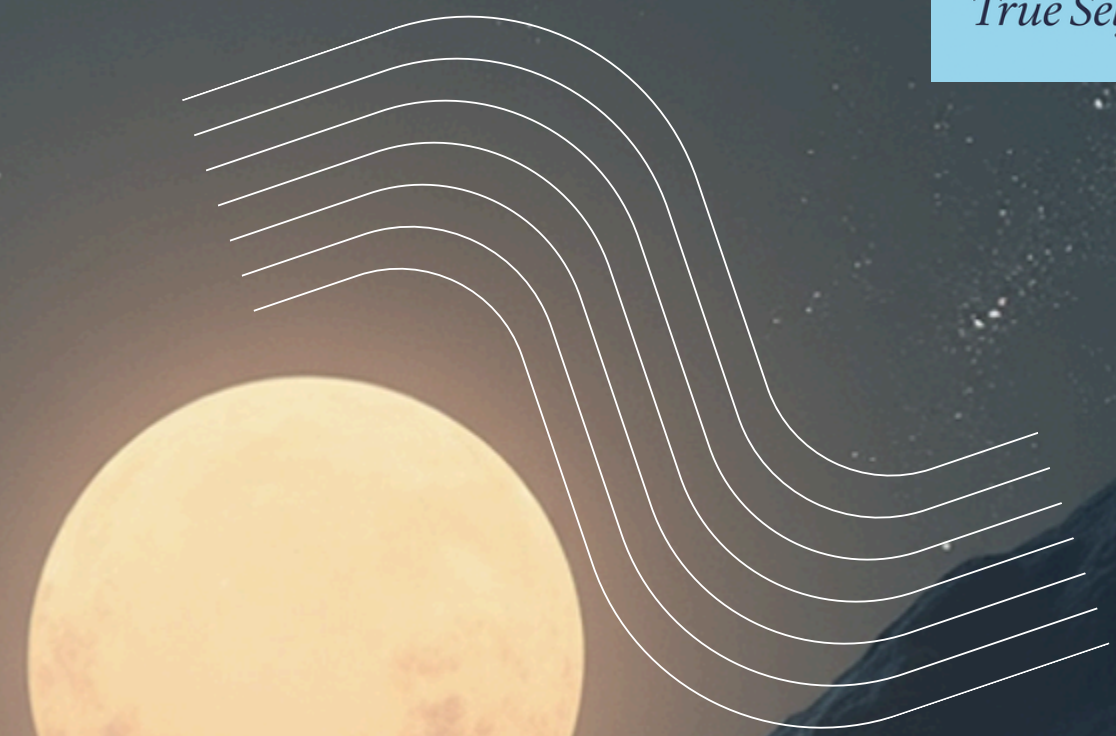
B. Freedom from pressure
and self-criticism 🎯

C. Self-prioritization and inner
worth ❤️

D. Trust, flow, and surrender ⚙️

E. Safety, abundance, and
ease 💰

www.letyourtrueselflead.com





Let Your
True Self Lead

Let Your True Self Lead

What's your biggest internal
frustration?

A. No matter how much I do,
it never feels enough 🏃♀️

B. I can't relax unless
everything's perfect 🎯

C. I give so much but rarely
feel supported ❤️

D. I'm exhausted from
needing to control things ⚙️

E. I'm always catching up or
chasing stability 💰

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

Your result:

Notice which letter you chose most often — A,
B, C, D or E.

Then click below to reveal what that pattern
means

A ⇒ 🏃‍♀️ **Overachiever**

B ⇒ 🎯 **Perfectionist**

C ⇒ ❤️ **Martyr**

D ⇒ ⚙️ **Control Loop**

E ⇒ 💰 **Scarcity Thinker**

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

  Overachiever

Core Belief: “If I slow down, I’ll fall behind.”

- **What’s really happening:** You’ve linked your self-worth to productivity. Rest feels unsafe because it challenges your identity as the one who “gets it done.”
- **Shift to make:** Redefine success beyond doing. Try one day each week where you rest without guilt — you’ll notice your intuition gets louder when you’re still.
- **Next step:**

You don’t need to push harder — you need to align deeper.

 [Continue to next step](#)

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

The Perfectionist

Core Belief: “If it’s not perfect, I’ve failed.”

- **What’s really happening:** Fear of judgment and self-criticism keep you striving for flawlessness — but perfection actually blocks your flow and self-trust.
- **Shift to make:** Do one thing imperfectly this week on purpose. Notice that your value doesn’t depend on outcomes.
- **Next step:**

You deserve to feel proud of progress, not perfection.

 [Continue to next step](#)

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

♥ The Martyr

Core Belief: “Everyone else comes first.”

- **What’s really happening:** You learned to equate love with sacrifice, but self-abandonment only leads to quiet resentment and burnout.
- **Shift to make:** Set one small boundary today — and honour it. Every “no” you give to others is a “yes” to your own energy.
- **Next step:**

Reclaim your space — your needs matter too.

✨ Continue to next step

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

⚙️ The Control Loop

Core Belief: “If I don’t manage it, everything will fall apart.”

- **What’s really happening:** You’ve built safety by staying in control, but that also keeps you tense and isolated.

Shift to make: Delegate one small thing this week and let it be imperfect. Trust grows from experience, not certainty.

- **Next step:**

Freedom begins when you stop holding everything together alone.

🌟 Continue to next step

www.letyourtrueselflead.com



Let Your
True Self Lead

Let Your True Self Lead

💰 The Scarcity Thinker

Core Belief: “There’s never enough.”

- **What’s really happening:** This belief keeps you in survival mode even when you’re safe. You’ve trained your brain to expect lack.
- **Shift to make:** Each evening, write down three ways you already have “enough.” Gratitude rewires scarcity into sufficiency.
- **Next step:**

True abundance starts from within — and it’s already available to you.

🌟 Continue to next step

www.letyourtrueselflead.com

Let Your True Self Lead

🌸 Thank You for your
time to take this quiz

🌟 You've uncovered your
subconscious success pattern —
that's a powerful step of self-
awareness.

What's next?

**Let's rewrite the story. Book your Free
Breakthrough Call**